

# LUNCH MENU

# October

This institution is an equal opportunity provider.



| Pre-K                                                                                                                                  |                                                                                                                                    |                                                                                                                        |                                                                                                                      |                                                                                                                          |
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| THURSDAY                                                                                                                               | FRIDAY                                                                                                                             |                                                                                                                        |                                                                                                                      |                                                                                                                          |
| Thursday- Oct 1                                                                                                                        | Friday-October 2                                                                                                                   |                                                                                                                        |                                                                                                                      |                                                                                                                          |
| Main- Pop corn Chicken<br>Alt: Ham & Cheese Sandwich<br><u>Sides:</u><br>Cheesy Broccoli<br>Cupped Fruit                               | Main-Cheese Pizza<br>Alt: Ham & Cheese Sandwich<br><u>Sides:</u><br>Garden Salad<br>100% Fruit Juice Cup                           |                                                                                                                        |                                                                                                                      |                                                                                                                          |
| Monday-October-5                                                                                                                       | Tuesday-October 6                                                                                                                  | Wednesday-October 7                                                                                                    | Thursday-October 8                                                                                                   | Friday-October 9                                                                                                         |
| Main- Cheese Omelet w/<br>Dinner Roll<br>Alt: Ham & Cheese<br>Sandwich<br><u>Sides:</u><br>Hash Browns<br>Cupped Fruit                 | Main- Turkey Hot Dog on a<br>Bun<br>Alt: Ham & Cheese<br>Sandwich<br><u>Sides:</u><br>Baby Carrots w/ranch<br>100% Fruit Juice Cup | Main- Grilled Cheese Sandwich<br>Alt: Ham & Cheese Sandwich<br><u>Sides:</u><br>Celery sticks w/ ranch<br>Cupped Fruit | Main- Chicken Nuggets<br>Alt: Ham & Cheese Sandwich<br><u>Sides:</u><br>Mixed Vegetables<br>100% Fruit Juice Cup     | Main- Cheese Dippers w/ Marinara<br>Sauce<br>Alt: Ham & Cheese Sandwich<br><u>Sides:</u><br>Garden Salad<br>Cupped Fruit |
| Monday-October 12                                                                                                                      | Tuesday-October 13                                                                                                                 | Wednesday-October 14                                                                                                   | Thursday-October 15                                                                                                  | Friday-October 16                                                                                                        |
| Columbus Day<br>No School!                                                                                                             | Main- Chicken Nuggets<br>Alt: Ham & Cheese<br>Sandwich<br><u>Sides:</u><br>Green Beans<br>100% Fruit Juice Cup                     | Main : Bacon Cheeseburger on<br>a Bun<br>Alt: Ham & Cheese Sandwich<br><u>Sides:</u><br>Spiral Fries<br>Cupped Fruit   | Main: Taco Twins<br>Alt: Ham & Cheese Sandwich<br><u>Sides:</u><br>Baby Carrots w/ ranch<br>100% Fruit Juice Cup     | Main: French Bread Pizza<br>Alt: Ham & Cheese Sandwich<br><u>Sides:</u><br>Garden Salad<br>Cupped Fruit                  |
| Monday-October 19                                                                                                                      | Tuesday-October 20                                                                                                                 | Wednesday-October 21                                                                                                   | Thursday-October 22                                                                                                  | Friday-October 23                                                                                                        |
| Main: Baked Ziti w/ Dinner<br>Roll<br>Alt: Ham & Cheese<br>Sandwich<br><u>Sides:</u><br>Celery sticks w/ ranch<br>100% Fruit Juice Cup | Main: Mini Corn Dogs<br>Alt: Ham & Cheese<br>Sandwich<br><u>Sides:</u><br>Vegetarian Beans<br>Cupped Fruit                         | Main: Sloppy Joe Sandwich<br>Alt: Ham & Cheese Sandwich<br><u>Sides:</u><br>Golden Corn<br>100% Fruit Juice Cup        | Main: Chicken Cheesesteak<br>Alt : Ham & Cheese Sandwich<br><u>Sides:</u><br>Cucumber coins w/ ranch<br>Cupped Fruit | Main: Pizza Crunchers<br>Alt: Ham & Cheese Sandwich<br><u>Sides:</u><br>Garden Salad<br>100% Fruit Juice Cup             |
| Monday-October 26                                                                                                                      | Tuesday-October 27                                                                                                                 | Wednesday-October 28                                                                                                   | Thursday-October 29                                                                                                  | Friday-October 30                                                                                                        |
| Main: Grilled Cheese<br>Sandwich<br>Alt: Ham & Cheese<br>Sandwich<br><u>Sides:</u><br>Potato Patties<br>Cupped Fruit                   | Main: Walking Tacos<br>Alt: Ham & Cheese<br>Sandwich<br><u>Sides:</u><br>Broc bites w/ ranch<br>100% Fruit Juice Cup               | Main: Beef Cheesesteak<br>Alt: Ham & Cheese Sandwich<br><u>Sides:</u><br>Celery sticks w/ ranch<br>Cupped Fruit        | Main: Chicken Fries<br>Alt: Ham & Cheese Sandwich<br><u>Sides:</u><br>Cheesy Spinach Rice<br>100% Fruit Juice Cup    | Main: Cheese Pizza<br>Alt: Ham & Cheese Sandwich<br><u>Sides:</u><br>Garden Salad<br>Cupped Fruit                        |